

# Arizona Self-Sufficiency Matrix



	In Crisis	Vulnerable	Safe	Building Capacity	Empowered
<b>Shelter / Housing</b>	Homeless or threatened with eviction.	In transitional, temporary or substandard housing; and/or current rent/mortgage payment is unaffordable (over 30% of income)	In stable housing that is safe but only marginally adequate.	Household is in safe, adequate subsidized housing	Household is in safe, adequate and unsubsidized housing.
<b>Employment</b>	No job	Temporary, part-time or seasonal; inadequate pay, no benefits.	Employed full-time; inadequate pay; few or no benefits.	Employed full-time with adequate pay and benefits.	Maintains permanent employment with adequate income and benefits.
<b>Income</b>	No income	Inadequate income and/or spontaneous or inappropriate spending.	Can meet basic needs with subsidy; appropriate spending.	Can meet basic needs and manage debt without assistance.	Income is sufficient, well managed; has discretionary income and is able to save.
<b>Food / Nutrition</b>	No food or means to prepare it. Relies to a significant degree on other sources of free or low-cost food.	Household receives SNAP benefits.	Can meet basic food needs, but requires occasional assistance.	Can meet basic food needs without assistance.	Can choose to purchase any food household desires; (Makes healthy choices.)
<b>Childcare</b>	Needs childcare but none is available/accessible and/or child is not eligible.	Childcare is unreliable or unaffordable, inadequate supervision is a problem for childcare that is available.	Affordable subsidized childcare is available, but limited.	Reliable, affordable childcare is available; no need for subsidies.	Able to select quality childcare of choice.
<b>Children’s Education</b>	One or more school-aged children not enrolled in school.	One or more school-aged children enrolled in school, but not attending classes.	Enrolled in school, but one or more children only occasionally attending classes.	Enrolled in school and attending classes most of the time.	All school-aged children enrolled and attending on a regular basis.
<b>Adult Education</b>	Literacy problems and/or no high school diploma/GED are serious barriers to employment.	Enrolled in literacy/GED program and/or has sufficient command of English so language is not a barrier.	Has high school diploma/GED.	Needs additional education to improve employment and/or to resolve literacy problems..	Has completed education/training needed to become employable. No literacy problems.

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<b>Healthcare</b>	No medical coverage with immediate need.	No medical coverage and/or great difficulty accessing medical care when needed. Client may be in poor health.	Client on publicly provided health plan.	Client can get medical care when needed, but may strain budget.	Client is covered by affordable, adequate health insurance.
<b>Life Skills</b>	Unable to meet basic needs such as hygiene, food, activities of daily living.	Can meet a few but not all needs of daily living without assistance.	Can meet most but not all daily living needs without assistance.	Able to meet all basic needs of daily living without assistance.	Able to provide beyond basic needs of daily living for self and family.
<b>Family Relations / Social Support</b>	Lack of necessary support from family or friends; abuse (DV, child) is present or there is child neglect.	Family/friends may be supportive, but lack ability or resources to help; family members do not relate well with one another; potential for abuse or neglect.	Some support from family/friends; family members acknowledge and seek to change negative behaviors; are learning to communicate and support.	Strong support from family or friends. Household members support each other's efforts.	Has healthy/expanding support network; household is stable and communication is consistently open.
<b>Transportation / Mobility</b>	No access to transportation, public or private; may have care that is inoperable.	Transportation is available, but unreliable, unpredictable, unaffordable; may have car but no insurance, license, etc.	Transportation is available and reliable, but limited and/or inconvenient; drivers are licensed and minimally insured.	Transportation is generally accessible to meet basic travel needs.	Transportation is readily available and affordable; car is adequately insured.
<b>Community Involvement</b>	Not applicable due to crisis situation; in "survival" mode.	Socially isolated and/or no social skills and/or lacks motivation to become involved.	Lacks knowledge of ways to become involved.	Some involvement (advisory group, support group), but has barriers, e.g. childcare transportation	Actively involved in community.
<b>Parenting Skills</b>	There are safety concerns regarding parenting skills.	Parenting skills are minimal.	Parenting skills are apparent but not adequate.	Parenting skills are adequate.	Parenting skills are well developed.
<b>Legal</b>	Current outstanding tickets or warrants.	Current charges/trial pending, noncompliance with probation/parole.	Fully compliant with probation/parole terms.	Successfully completed probation/parole within past 12 months, no new charges filed.	No active criminal justice involvement in more than 12 months and/or no felony criminal history.
<b>Mental Health</b>	Danger to self/others; recurring suicidal ideation; experiencing severe difficulty in daily life due to psychological problems.	Recurrent symptoms may affect behavior; but not a danger to self/others; persistent problems with functioning due to symptoms.	Mild symptoms may be present but are transient; only moderate difficulty in functioning due to mental health problems.	Minimal symptoms that are considered normal responses to life stressors; only slight impairment in functioning.	Symptoms are absent/rare; good or superior functioning; no more than everyday problems or concerns.

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<b>Substance Abuse</b>	Meets criteria for severe abuse/dependence; resulting problem so severe that institutional living or hospitalization may be necessary.	Meets criteria for dependence; preoccupation with use and/or obtaining drugs/alcohol; withdrawal or withdrawal avoidance behaviors evident; use results in avoidance or neglect of essential life activities	Use within last 6 months; evidence of persistent recurrent social, occupational, emotional or physical problems related to use (disruptive behavior or housing problems); problems have persisted for at least 1 month.	Client has used during last 6 months, but no evidence of recurrent social, occupational, emotional or physical problems related to use; no evidence of recurrent dangerous use.	No drug use/alcohol abuse in last 6 months.
<b>Safety</b>	Home or residence is not safe; immediate level of lethality is extremely high; possible CPS involvement.	Safety is threatened/temporary protection is available; level of lethality is high.	Current level of safety is minimally adequate; ongoing safety planning is essential.	Environment is safe, however, future of such is uncertain; safety planning is important.	Environment is apparently safe and stable.
<b>Disability</b>	Acute or chronic symptoms affecting housing, employment, social interactions, etc.	Sometimes or periodically has acute or chronic symptoms affecting housing, employment, social interactions, etc.	Rarely has acute or chronic symptoms affecting housing, employment, social interactions, etc.	Asymptomatic – condition controlled by services or medication	Thriving – No identified disability
<b>Financial Management</b>	Bankruptcies, foreclosures, evictions	Outstanding judgments, garnishments	Need a Credit Repair Plan	Moderate budgeting skills	Manageable budget and ability to save, bank account